



**Possessions** – do stewardship of possessions, including your body, so you can live comfortably and well for as long as you like.

**Your next step:**

Taking personal responsibility for your physical well-being, your body as your number one possession, is your first priority. Initially this is achieved with the realisation that you too can study and learn what you need to be, do and have to be happy, healthy and wise.

As a continuation of this, a little more study and practical application will have you increasing the length and duration of your physical 'live-ability'. You too can learn how to build, renovate, repair ... to take responsibility for providing yourself and your dependants with a home, food and clothing. Start small if necessary; maybe help others so you can learn how.

This basic attitude and host of skills has been over-ridden by our modern way of thinking that money will buy us everything we need, or failing that, our government will provide for us.

If you are being reminded to take care of your possessions today ... then it is your Higher Mind suggesting it is time you do so.