



Joy – learn to enjoy effervescent contentment from experiencing a progressive flow of Consciousness because this Joy will guide you home to your Self, to the centre of your Being.

Your next step:

Enjoyment ... a deeply moving experience based on appreciating what you already have, what you have achieved, what you can perceive, and what you can imagine and/or dream of ...

A feeling that you can tap into at will, or be reminded of ... it runs deeper than laughter, yet often brings a smile, a giggle, or a belly laugh to the surface. You can feel it when alone, or share this deep sense of wonder and awe with enthusiasm and cheerfulness with others.

Others know when you are feeling Joy ... they can sense the shift in your electro-magnetic field ... it is infectious as it reminds each of us of what we do already have, right here, right now: the OPPORTUNITY to feel joy regardless of what is going on -

You have your omnipresent Higher Mind; Awareness of this guides you to the joy of knowing WHO and WHAT you REALLY are.

Marianne Thorne
CreativeGoalSetting.com