



Harvest – acknowledge the spiralling nature of personal growth.

Your next step:

It is time to take personal responsibility for the thought seeds you have been planting; and to keep changing them until you are 100% happy with the results.

Through examination of the outcomes, you can make adjustments to your thinking. But don't make the mistake of trying to change the current outcomes, or set goals for other people. You need to focus on changing YOUR 'input', the conscious or subconscious thoughts you are thinking, hearing, learning, etc, that are causing these outcomes.

From this harvest you can reap the benefits of hind-sight. Whatever you are perceiving to be not so great, needs you to switch to THINKING about what you REALLY want, so you will be planting the correct seeds. And by letting go any emotional attachments to these outcomes being the way they are. So,

what do you REALLY want to be harvesting
from your field of dreams?