



Standstill - long enough to REALLY observe your present time!

Your next step:

Is to 'stand still', to do no-thing until you feel inspired, are driven by the rightness of a thought, idea, or action for which you have the resources available. This does not include thoughts or actions driven by emotion; but well thought-out, consciously chosen, actions combined with the highest good of all concerned.

In other words, you can cease all action until you are calm and able to calculate the possible consequences of your actions and proceed without harm to you or others. As a society we have propagated the emotional need to be busy, to resist standing still long enough to discover our deeper thoughts and feelings; our conscience. We have used everything from family and work dramas, personal health issues, through to participating in the mental gymnastics of local, national, and international politics, sport and entertainment as portrayed on television and other screens; and we are now well and truly distracted electronically. So the updated version of Standstill: SWITCH OFF, UNPLUG -

Stand still, just until you rediscover your Self and can go with THAT INNER Authority instead of all else.

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