



Initiation – you are gaining an important new level of awareness.

Your next step:

Is to make this a safe and enjoyable experience, to open your mind to new possibilities rather than old doubts and fears. Even if you are not yet aware of your new perspective, you can keep yourself above the quicksand of anxiety or worry. It is a test, whether you chose it consciously or not. You are testing your ability to both witness your thoughts and be the 'master' of your thinking by herding your thoughts into constructive conversations with your Higher Self. It is up to you to design practical, useful, outcomes that include a Higher Good for all concerned (including yourself) as another veil of illusion is lifted away!

If your thoughts are frightening you, then it is up to you to take personal responsibility for them. Your thoughts; your responsibility! Observe them. Fix them, turn your thoughts around and head them to practical, positive-opposite applications. Direct your thoughts to behave in constructive ways. For example observe a fear, then ask your Higher Self for a solution to this fear (usually as simple as choosing the positive-opposite option) –

The outcome is of your design.