



## **Swan: Grace**

Little Swan flew through the Dreamtime, looking for the future. She rested for a moment in the coolness of the pond, looking for a way to find the entry point to the future. This was a moment of confusion for Swan, as she knew that she had happened into the Dreamtime by accident. This was her first flight alone and she was a bit concerned by the Dreamtime landscape.

As Swan looked high above Sacred Mountain, she saw the biggest swirling black hole she had ever seen. Dragonfly came flying by, and Swan stopped him to ask about the black hole. Dragonfly said, "Swan, that is the doorway to the other planes of imagination. I have been guardian of the illusion for many, many moons. Swan was not

so sure that she wanted to enter the black hole. She asked Dragonfly what was necessary for her to earn entry. Dragonfly replied, "You must be willing to accept whatever the future holds as it is presented, without trying to change it." Swan looked at her ugly little duckling body and then answered, "I will be happy to abide by my Higher Mind's plan. I won't fight the currents of the black hole. I will surrender to the flow of the spiral and trust what I am shown." Dragonfly was very happy with Swan's answer and began to spin the magic to break the pond's illusion. Suddenly, Swan was engulfed by a whirlpool in the centre of the pond.

Swan reappeared many days later, but now she was graceful and white and long-necked. Dragonfly was stunned! "Swan, what happened to you!" he exclaimed. Swan smiled and said, "Dragonfly, I learned to surrender my body to the power of Consciousness and was taken to where the future lives. I saw many wonders high on Sacred Mountain and because of my faith and my acceptance I have been changed. I have learned to accept the state of grace." Dragonfly was very happy for Swan. Swan told Dragonfly many of the wonders beyond the illusion. Through her healing and her acceptance of the state of grace, she was given the right to enter the Dreamtime anytime.

So it is that we learn to surrender to the grace of the rhythm of our Higher Mind, and slip from our physical bodies into the Dreamtime. Swan medicine teaches us to be at one with all planes of consciousness.

Swan is ushering in a time of altered states of awareness and of development of your intuitive abilities. Swan medicine people have the ability to see the future, to surrender to the power of Higher Mind, and to accept the healing and transformation of their lives. The Swan card is telling you to accept your ability to know what lies ahead. If you are resisting your self-transformation, relax; it will be easier if you go with the flow. Stop denying that you know who is calling when the phone rings. Pay attention to your hunches and your gut knowledge, and honour your intuitive side.

If Swan brings a warning, it is that you must acknowledge what you know, so stop denying your feelings. You may be bumping into furniture or forgetting what you are saying mid-sentence. If so, this is a sign that you are not centred. Stop wandering off to a dreamy reality that lessens your focus. Drinking water helps.

It can seem as if you are flying without a pilot's license if you are not aware of when you take off or land. Not recognizing the shift between levels of consciousness is common when you are evolving your mental powers. This is all a part of developing your intuitive side and is a sign that you are not being conscious of your entry into other levels of awareness. The solution to being a spaced-out Swan is:

- (1) Notice your surroundings and touch the Earth with your feet, hands, or both.
- (2) Focus on one reality or the other: if you are being called to visit the Dreamtime, stop what you are doing and be focused. Be receptive and open so that the message may enter, your consciousness.
- (3) If you are just preoccupied, daydreaming, or "spacey," you need to focus on doing some physical activity. Use your reasoning to make a list of what you need to do next, and this will stop the clutter in your mind that may be causing the confusion.

*Adapted from: Jamie Sams and David Carson's book, Medicine Cards. (Santa Fe: Bear and Company, 1988).*